

TESTIMONIES



Frequently Asked Questions

Q. What percentage of Christians need IHP?

A. 100%! All of us have skewed perspectives that get in the way of experiencing abundant life in Christ from time to time. It is God's perspective that brings peace and joy.

Q. Is IHP confidential like traditional counseling?

A. Absolutely, facilitators and note-takers are trained to be strictly confidential.

Q. Is IHP more for charismatic Christians?

A. No. Though the charismatic gifts of the Spirit found in I Cor. 12 have their place in ministry, they are not used in IHP, because the idea is for the recipient to hear from the Lord themselves and not through a "word" or interpretation from someone else.

Q. What does it cost to have an IHP session?

A. We do not charge for IHP sessions. We simply request donations of whatever God leads you to give. Some think about what they would normally give to a regular counseling appointment. At any rate, we encourage the recipient to seek God for direction for any donation.

Q. Does IHP contradict the Bible verse that tells us to "forget the past and press on to what is in the future"?

A. No. The context of that verse in Phil. 3 was Paul listing all his religious "works" and how all those things he did in the past do not matter in the spiritual realm. The only way for someone to move forward and not be stuck in the wounds of the past is to allow God to give His perspective on his past. Sometimes God will take the recipient to a memory to free them from the hurt that occurred there. The facilitator does not take the recipient to a memory, he only asks God's perspective of a memory if one comes to mind after asking God what He wants to say or show the person. *No guided imagery occurs in an IHP session.*

"I feel as though a great weight has been lifted from my mind and body and soul. There is a liberty which I have not experienced in quite a long time. The Lord freed me from so many issues and helping me begin a spiritual journey of healing and restoration which continues today."
Bill

"God has used IHP as an avenue for Him to reveal His truth to me. IHP allows both the individual and God to have a conversation where both can share their hearts. Traditional counseling was listening to someone give ideas of ways to 'cope' with my situation (lies) where IHP is listening to THE COUNSELOR (JESUS) give His truth to dissolve the lies completely which puts a Godly perspective on the situation."
Tracy

"IHP was truth and more because after going through several sessions, missing pieces of 'my life puzzle' had been put together. Some pieces that I had put in myself had to be taken out (my doubt, my guilt, confusion) and replaced by God's pieces (love, forgiveness, understanding, acceptance). IHP brought me to forgiveness toward myself and others and closer relationship with God".
Nancy

"The Prayer time was miraculous! I could almost literally feel the chains of bondage falling away. No more bondage of shame...CLINK, the chain fell to the floor...chains of guilt, CLINK...bondage from unworthiness and hopelessness...CLINK/CLINK, more chains tumbling to then floor...bondage of unhealthy relationships... CLINK/CLINK/CLINK... links of broken chains scattered all over the floor! The weight from dragging and carrying around all those heavy chains was gone! I was so AMAZED and in SUCH AWE at just how FREE I truly was! God has blessed me enormously with more JOY, more PEACE than I have ever known before."
Mary Ann

"I have to say that IHP wasn't what I expected. It blew me away! Given that I am a total do-it-myself guy, I was skeptical about ANYBODY presuming to advise me on unique and very personal issues, much less being able to open up enough to allow such counseling. However, no such prying occurred. To experience someone else praying to God, yet him answering ME with things I didn't even know how to ask, and hearing His voice inside me cutting through all the illusions, cobwebs, and shadows I had collected, and restoring light to what had become a dark and unfriendly place...all I can say is this formerly haunted prison inside me finally feels like a temple once more."
Mark

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Ministries
Fulfilling our destiny to leave a legacy for Christ!



"If the Son therefore shall make you free, ye shall be free indeed." John 8:36

Inner
Healing
Prayer

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About Inner Healing Prayer

Many times people have a hard time growing in their relationship with God and others because of the hurts and wounds deep down in their hearts. At the Legacy Ministries Equipping Center, we offer Inner Healing Prayer sessions with trained facilitators. The facilitator does not counsel the client as in traditional counseling, but simply takes them in prayer to the Lord for Him to bring healing truth to the source of their woundedness!

We offer Inner Healing Prayer training to those who are called of God to administer the process to hurting people or those who would simply like to know how to use this tool for self and family. Call the office at 770-742-0790 for more information on training and when it will be offered.

What Inner Healing Prayer IS

...Totally confidential with a trained facilitator and note-taker.

...Prayer-based. The facilitator takes everything that surfaces in a session to God in prayer.

...Putting damaged emotions at the foot of the cross and letting Christ deal with them.

...The application of the grace and peace of Jesus Christ to the confusion of a damaged emotional life.

...An opportunity to allow the Holy Spirit to be the counselor.



What Inner Healing Prayer IS NOT

IHP is not the only tool for inner healing.

Though we have seen many people set free through Inner Healing Prayer, we do not claim that it is the only way to healing. God has many avenues for healing. He uses professional counseling, sermons, books, prayer meetings, encouraging words from others, etc.

IHP is not traditional counseling.

With Inner Healing Prayer, the Holy Spirit counsels, and we merely facilitate. The facilitator asks the Lord to reveal what He wants the person to know in order to bring the healing he needs.

IHP is not deliverance.

Deliverance from addictions, anxieties, fears, etc. happens as a *result* of Inner Healing Prayer, but our focus is not on the deliverance. If there is deliverance without finding out the source of the problem, the problem may return.

IHP is not a time to diagnose anything.

We are not professional doctors, so we have to steer clear of diagnosing any possible medical condition, such as bi-polar or clinical depression. We do not interfere with any doctor's treatments. We are merely there to take them to the Great Physician.

IHP is not guided imagery.

Though the ministry recipient often revisits memories or sees pictures in their mind's eye, the facilitator does not tell them what to visualize. The Lord shows him what He wants him to see.

IHP is not hypnotism, new age or occult.

There are no spells or formulas. There is no hypnotism. It does not alter your memory in any way.



Bible Verses That Support Inner Healing:

"He will bring light to what is hidden in darkness..."
1 Cor. 4:5b

"I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better." Eph 1:17a

Wounds left unattended will fester and affect others. "See to it that no one misses the grace of God and that no bitter root grows up to cause trouble and defile many." Heb 12:15

"Behold, thou desirest truth in the inward parts and in the hidden part thou shalt make me to know wisdom." "Create in me a clean heart, O God; and renew a right spirit within me." Psalm 51:6,10

"Search me, O God, and know my heart: try me, and know my thoughts..." Psalm 139:23

"And I will ask the Father, and He will give you another Counselor to be with you forever - the Spirit of truth." John 14:16-17a

"I the Lord search the heart and examine the mind...Heal me, O Lord, and I will be healed..."
Jeremiah 17:10

"He reveals deep and hidden things; he knows what lies in darkness and light dwells with him." Daniel 2:22

"... but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God." Romans 12:2

